

Now Is The Time

Now is the time for us to rise as Kings and Queens and to be the God's and Goddess's of Creation. Now is the time to take responsibility, nurture our creativity and live a natural livity.

Now is the time to conserve, preserve and regenerate the earth, to save all species and live in harmony with all creatures. Now is the time to appreciate the web of life, be balanced within, and involved in two way communication with it. Now is the time to talk to our plants and animals and listen to their replies. Now is the time to be in the soil, to work until we sweat, to cultivate, grow and eat what we sow. Now is the time to be Organic and live Orgasmic.

Now is the time to live large, to dream expansively and dance. Now is the time to swirl under the moonlight and trance with the stars. Now is the time to grow with moon cycles, swing into the solstice, elevate with equinox, be in accordance and celebrate with all the rhythms of nature. Now is the time for music and drumming, words, songs, speeches and conversations of optimism, truth and integrity. Now is the time for spontaneity. Now is the time to just be – silent, meditative in thoughtful reflection, quiet contemplation, looking within and travelling the universe inside. Now is the time to express your unique self, to be divine, regal and shine with royalty. Now is the time to dress in finery and then to be equally comfortable naked.

Now is the time to talk to All Mighty, converse with angels, meet your guides and acknowledge the ancestors. Now is the time to pour libation, to know our history and create our future. Now is the time to stop fighting and start loving, to end wars by making peace with yourself and all others. Now is the time to celebrate each and every day as a miracle. Now is the time to pray, to chant, to sing thanks and praises to the Most High. Now is the time to be liberated from the cycle of karma, to ascend and fly.

Now is the time to believe in yourself, manifest and realise your deepest desires. Now is the time to look in the mirror, love what you see and be inspired. Now is the time to be in love. Now is the time to be love. Now is the time to radiate love with all your being. Now is the time to love your neighbour and do unto others as you would have them do unto you. Now is the time to realise that we are all one family with one home forever intertwined and connected and whatever I do to you I do to myself.

Now is the time to turn off the television and liberate our minds with truth and wisdom. Now is the time to remove our children from institutions and teach them what really matters in life - to be healthy, wealthy and wise. Now is the time to stop being a wage slave and follow your dreams, your heart and visions. Now is the time to find prosperity through ECO-nomics not Egonomics. Now is the time to find your true purpose and honour it.

Now is the time to cleanse our bodies and honour our physical temple as the dwelling place of Spirit. Now is the time to clean out the cupboards, remove the junk and fill up on foods grown in rich fertile soils – high in nutrients, vitamins and enzymes. Now is the time to drink from the breast of mother earth sipping jelly coconuts from sunrise to sunset. Now is the time to realise you are what you eat and eat only that which is vital and alive. Now is the time to free your colon from toxins, your mind from negativity and your spirit from fear. Now is the time to shape up, to exercise, to stretch, to walk through the land and be strong. Now is the time to swim in the sea, bathe in the river and stop polluting either. Now is the time to go natural and stop using chemicals on your land, in your house and in your hair. Now is the time to fast, to pray and meditate. Now is the time to breathe deep, to fill our belly like a Buddha – fat and round. Now is the time to expand our lungs and to use our diaphragm. Now is the time to inhale, exhale and breathe the unconditional love blessing from our Creator. Now is the time to practice sacred sex for healing. Now is the time to conceive and bring forth visions for a new age, a new world, and a new you. Now is the time to be the miracle.

Now is the time to laugh, to shout and scream in joy, now is the time to smile all the time😊. Now is the time to radiate goodness. Now is the time to communicate via telepathy, use our intuition and gain full awareness of all 53+ senses and utilise them all. Now is the time to open our third eye, to see beyond the physical with enhanced perception, to feel vibrations, see auras, open chakras and be completely alive.

Now is the time to rediscover our ancient powers. Now is the time to apply the same skills we used to build Stonehenge, Machu Picchu and the Pyramids to construct eco-dwellings and ecovillages. Now is the time to build new civilisations and societies and to be the change we want to see. Now is the time to stop using fossil fuels and generate alternative, renewable, sustainable energy. Now is the time to fly flags of One World & One Love. Now is the time to be a friend, a lover, a sister or brother, a father or mother, now is the time to be - eternally. Now is the time to be Warriors of the Rainbow and come together to do what is righteous. Now is the time to speak many languages, break down barriers, join in unity and to give to charity. Now is the time to help others less fortunate and display kindness in every situation. Now is the time to live simply, so others may simply live. Now is the time to be the one who makes a difference. Now is the time to shine, be free, know thyself and express all that we are - Divinely.

Now is the time, now is the time, not next hour, minute or even second, the time is now. Now is the time to cherish the gift of the present moment – it is here, it is now. Now is the time to know that now is the time. Now is the time to rise.

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